

Jacksonville Urban League

THIRTY-FIFTH  
ANNUAL

EQUAL  
OPPORTUNITY  
LUNCHEON

WEDNESDAY, OCTOBER 29, 2008

HYATT REGENCY JACKSONVILLE RIVERFRONT

JACKSONVILLE, FLORIDA

PRESENTING SPONSOR

Winn✓Dixie

## DR. IAN SMITH

MEDICAL/DIET EXPERT

RADIO HOST

AUTHOR, CREATOR AND FOUNDER  
OF THE  
50 MILLION POUND CHALLENGE



Dr. Ian Smith is currently the medical/diet expert on VH1's highly-rated "Celebrity Fit Club," host of "Meet the Faith" on BET, and the creator and founder of The 50 Million Pound Challenge. Dr. Smith is also the host of his own nationally syndicated radio show, HealthWatch on American Urban Radio Networks. He is the former medical correspondent for NBC News network and for News Channel 4 where he filed reports for NBC's "Nightly News" and the "Today" show as well as WNBC's various news broadcasts. He has appeared extensively on various broadcasts including "The View," "The Tyra Banks Show," "Larry King Live," and "Anderson Cooper 360." He has written for various publications including Time, Newsweek, Men's Health, and the New York Daily News, and has been featured in several other publications including, People, Essence, Ebony, Cosmopolitan, and University of Chicago Medicine on the Midway.

Dr. Smith's work has been honored by several organizations, including the National Academy of Television Arts & Sciences for his coverage on the momentous events beginning on Sept. 11, 2001. Dr. Smith is very active in charitable causes, serving on several boards including the New York City Mission Society, American Council on Exercise, and the New York Council for the Humanities.

Dr. Smith graduated from Harvard College with an AB and received a master's in science education from Teachers College of Columbia University. He attended Dartmouth Medical School and completed the last two years of his medical education and graduated from the University of Chicago Pritzker School of Medicine.

Dr. Smith is also the author of five books, the #1 New York Times Bestseller Extreme Fat Smash Diet, the #1 New York Times Bestseller The Fat Smash Diet, the critically acclaimed The Blackbird Papers (2005 BCALA fiction Honor Book Award winner), Dr. Ian Smith's Guide to Medical Websites, and The Take-Control Diet. He is currently at work on his second novel.

A native of Danbury, CT, Dr. Smith resides in Manhattan.

## PROGRAM

WELCOME AND INTRODUCTIONS . . . **Pamela Van Auker**  
JUL Board of Directors, Chairman

INVOCATION . . . . . **Rev. Odell Smith, Jr.**  
JUL Board of Directors, Chaplain

RECOGNITION OF SPONSORS  
AND SPECIAL GUESTS . . . . . **Richard Danford**  
President, Jacksonville Urban League

GREETINGS . . . . . **Councilwoman Mia Jones**  
District 10  
Jacksonville City Council

**Timothy Williams**  
Winn Dixie Stores

**Roslyn Philips**  
Mayor's Office  
City of Jacksonville



## LUNCHEON



PRESENTATION OF EQUAL . . . . . **Richard Danford**  
OPPORTUNITY AWARDS . . . . . President,  
Jacksonville Urban League

INTRODUCTION OF SPEAKER . . . . . **Brian Brown**  
Director of Client Service  
AvMed Health Plans

KEYNOTE SPEAKER . . . . . **Ian Smith**  
Creator and Founder  
The 50 Million Pound Challenge

BENEDICTION . . . . .

**SPEAKER SPONSORED BY:**

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HEALTH PLANS



## **EQUAL OPPORTUNITY AWARD RECIPIENTS**

**ELEANOR J. GAY**

**JACKSONVILLE HUMAN RIGHTS COMMISSION**

**LOCAL INCENTIVES SUPPORT CORP. (LISC)**

### **CLANZEL T. BROWN AWARD**

**ABOUT THE AWARD:** Clanzel T. Brown, Sr. was President of the Jacksonville Urban League from 1965-1982. A real "doer" and achiever, his battles against poverty, oppression, and injustice were aimed at improving the lives of all people, regardless of color or creed. The results of his efforts were lauded both locally and nationally.

Clanzel T. Brown, Sr. became increasingly convinced that the key to the future was through economic development to open all levels of education, training and corporate employment. From direct on-the-job experience, he knew the meaning of achievement through hard work. Mr. Brown set high goals and achieved them. Because he never faltered in his efforts for the betterment of his community, his life became a beacon in the lives of those that follow.

RECIPIENTS OF AWARD: **Rodney L. Hurst, Sr.**  
**Lt. Col. (Ret.) Alton Yates**

### **WHITNEY M. YOUNG**

#### **NATIONAL LEADERSHIP AWARD**

**ABOUT THE AWARD:** Whitney M. Young, Jr. was an articulate U.S. civil rights leader who spearheaded the drive for equal opportunity for blacks in U.S. industry and government service during his 10 years as head of the National Urban League (1961-71), the world's largest social-civil rights organization. His advocacy of a "Domestic Marshall Plan"—massive funds to help solve America's racial problems—was felt to heavily influenced federal poverty programs in Washington, D.C. (1963-69).

Appointed Executive Director of the National Urban League in 1961, Young developed an impressive reputation as a national black activist who helped bridge the gap between white political and business leaders and poor blacks and militants.

RECIPIENT OF AWARD: **Willie E. Gary**



## OUR MOVEMENT

The Jacksonville Urban League was founded in 1947. We are a nonprofit, nonpartisan, community-based organization affiliated with the National Urban League, Inc., which was founded in 1910 and is headquartered in New York City. The Urban League movement consists of more than 100 professionally staffed affiliates in over 35 states and the District of Columbia, providing direct services to more than 2 million people nationwide through programs, advocacy and research.

## OUR MISSION

The mission of the Jacksonville Urban League is to enable African Americans and others to secure economic self-reliance, parity, power and civil rights.

## JACKSONVILLE URBAN LEAGUE STRATEGY

The Jacksonville Urban League employs a three-pronged strategy, our 3E Strategy that is embedded in the National Urban League strategy listed below:

- Education and Youth Empowerment
- Economic and Community Empowerment
- Employment and Training

## JACKSONVILLE URBAN LEAGUE, INC.

**Richard Danford, President**

## BOARD OF DIRECTORS, OFFICERS AND MEMBERS

**Pamela Van Auker, Chair**

<b>Michael Prendergast, Vice Chair</b>	<b>Jimmy Roberts, Secretary</b>
<b>Andre Higgins, Treasurer</b>	<b>Odell Smith, Chaplain</b>
<b>Bill Soumis, Assistant Treasurer</b>	<b>Maribel Hernandez, Immediate Past Chair</b>

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John Daigle	Michael Kneller	Chip Vance
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Larry Jacobs	Paul Schmidt	Janice Wood
Zoraida Jirau	George Schulz	

A United Way Agency

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Filipino American Council	Community Action Agency
First Coast African American Chamber	Rayonier
Florida Community College	River Region Human Services
Gene Coleman State Farm Agency	Second Missionary Baptist Church
Head Start	Shands Jacksonville
Holland & Knight	SunTrust Bank
Jacksonville Human Rights Commission	Turner Construction
Jacksonville Electric Authority	United Parcel Service (UPS)