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Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education

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Sexual Values and Behaviors Discrepancy Model

**Zachary D. Bloom, Ashley J. Blount, Dalena L. Dillman Taylor,
& Galina Lipkin**

69-79. Founded in theory and empirical research, we developed the Sexual Values and Behaviors Discrepancy Model (SVBDM) as reflective model for counselors to follow in order to assist their clients in safely reducing discrepancies between their ideal and practiced sexual beliefs, values, and behaviors. The SVBDM is a wellness-informed and sex-positive approach to working with clients and is comprised of three steps: Identification and Operationalization of Potential Sexual Issues, Counselor's Self-Assessment, and Reducing Discrepancies and Maintaining Safety. We note practical implications and potential limitations of this model as well as recommendations for future research.

The Use of Technology in Sexual Exploration Among a Rape Culture Youth

Kelley R. Holladay & W. Bryce Hagedorn

80-89. The present investigation sought to address the gap of research surrounding rape myth acceptance attitudes and cyber-sexual assault (CBSA). Researchers examined data collected from a college sample of 94 undergraduate psychology students. The purpose of this investigation was to explore whether this sample of college students reported any potential stereotypes pertaining to cyber-sexual assault victims and whether the college students utilized technology for sexual exploration (e.g., creation, distribution, and receiving of sexually explicit material). In addition to identifying cyber-sexual victims, this study explored the correlation of gender with those responses. Results are reported, and suggestions for counselors are offered. The researchers hypothesize that rape culture acceptance attitudes have shifted to victims of online abuse, though more research is warranted to draw specific conclusions.

Clinical Implications in Vaginal Orgasm Response

**Lindsey M. Brown McCormick, Sherry Todd, Laura
Schmuldt, Kathryn Russ, & Cristen Wathen**

90-95. Previous research has shown that counselors feel uncomfortable addressing clients' sexual concerns due to a lack of education on topics related to human sexuality. Various studies have attempted to identify the characteristics of vaginal orgasm, including whether women and other people with vaginas (PWV) can achieve different kinds of or-

gasm. The current study examines responses to participants surveyed across the United States on their orgasm response and compares responses of participants who achieved orgasm through masturbation and those who achieved orgasm through sex with a partner to determine whether PWV experience one kind of orgasm during masturbation and experience a different kind of orgasm during sex with a partner. Results from the current study suggest that there are two distinct orgasm experiences achieved by PWV which differ in physiological and psychological response. Counselors and counselor educators can use results from this study to help expand their knowledge on sexual response to feel more confident in their practice.

Sexual Wellness and Rare Disease Considerations: A Behavioral Case Conceptualization and Approach to Counseling Treatment

Jessica Z. Taylor, Chrystal L. Lewis, & Leslie E. Davis

96-104. Sexual wellness is infrequently addressed with individuals with a rare disease. Counselors must be competent in working with sexual wellness issues, especially those related to medical conditions, since clients may not share those concerns with healthcare providers. This article presents a case scenario involving a client living with a rare disease called Hereditary Angioedema, the symptoms of which present challenges to her intimate and sexual relationship with her partner due to unpredictable and painful swelling. A behavioral theoretical lens is used to conceptualize the case scenario and inform treatment. Implications for counselor competency, interdisciplinary collaboration, and client empowerment toward advocacy are discussed.

Using Surrogate Partner Therapy in Counseling: Treatment Considerations

Kelly Emelianchik-Key & Kimberleigh Stickney

105-113. When working with clients on issues of sexuality, clinicians often avoid the treatment approach of surrogate partner therapy due to lack of information and understanding. Surrogate partner therapy is a grey area within legal and ethical boundaries of various mental health professional associations. This article offers an intensive exploration of surrogate partner therapy, including its history, ethical considerations, benefits, and challenges. Best practices and treatment considerations when working with a surrogate partner therapist are discussed. Although there is a

lack of research and evidence-based practice information, the available literature demonstrates that surrogate partner therapy is an effective intervention that can enhance treatment for clients struggling with sexuality and intimacy issues.

Submissions

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