

## Spring 2020 Table of Contents

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*Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education*  
Spring 2020, Vol. 2 No. 1, 1-68

## **Counselors' Knowledge about HIV Transmission and Prevention**

**Joseph A. Campbell, Zachary Pietrantonio, & Audrey Miller**

**1-9.** This article presents the results of an online survey that explored 80 counselors' knowledge of Human Immunodeficiency Virus (HIV) transmission, HIV prevention strategies, related factors, and where counselors obtained their knowledge. Results show that approximately 90% of counselors correctly identified true and false statements about HIV transmission, and 68% of counselors correctly identified facts about HIV prevention strategies, even though 64% reported receiving no education regarding HIV/AIDS in their graduate counseling programs. Implications for counselor training and professional development are discussed.

## **Negotiating Sexual Values in Counselor Education: A Qualitative Case Exploration**

**Megan Speciale**

**10-21.** The purpose of this qualitative case study was to examine the ways in which counselor educators acknowledge and negotiate their personal sexological worldviews in the teaching of sexuality counseling classes. Analysis of interview material, data mining, and member theorization of six participants (n=6) yielded four overarching themes: 1) centering self-awareness, 2) managing ethical bracketing, 3) affirming sexual diversity, and 4) teaching as a conduit for personal growth. Implications for educators and future recommendations for research are explored.

## **The Impact of Relationship Wellness Checkups with Gay Male Couples**

**Mary Minten & Cass Dykeman**

**22-34.** Relationship health impacts many other health outcomes, including physical and mental well-being and the health of children in the family system. Despite the importance of relationship health, couples do not regularly seek support for maintaining their connection. Early intervention programs that provide support are a growing public health initiative. One brief early intervention program, the Marriage Checkup (MC), positively impacts relationship satisfaction, prevents decline, and improves health on other relationship variables such as intimacy. To date, the MC research has included only heterosexual couples. This study explored the question, "What is the impact of a relationship

wellness checkup on gay male couples' relationship satisfaction?" Using single-subject multiple-baseline, multiple-probe design, this study extends MC research to include gay male couples. Findings showed that the MC positively influenced satisfaction (NAP = .73) for the group overall. In an analysis of each couple, two of the three couples improved and one couple showed a slight decline in satisfaction. The likely confounder for this third couple was the concurrence of their marriage and honeymoon and the baseline phase. In light of research with newlywed and engaged couples from other studies, overall the results tentatively suggest that the MC may increase satisfaction for gay male couples with additional research needed for newlywed couples.

## **Sexuality Beyond Young Adulthood: Affordances and Barriers to Sexual Expression in the Nursing Home**

**Angela Schubert & Mark Pope**

**35-47.** Human sexuality is part of life, regardless of age or place of residence. Previous research on older adult sexual expression in nursing homes—almost all of which was conducted using quantitative methods—has primarily focused on staff perceptions. This phenomenological study aimed to explore sexual expression as it was perceived, experienced, and practiced by ten older adults, ages 65 and older, residing in a nursing facility. This paper will explore themes associated with the self-perception of affordances and barriers to engage in sexual expression, and how mental health counselors may best serve the needs of older adults and advocate for affirming policies.

## **Developing LBGTGEQIAP+ Allies for Action: A Developmental Counselor Training Model**

**Anita A. Neuer Colburn & Amy W. Upton**

**48-57.** The authors present a model for helping students and supervisees to move beyond competence and toward action-based advocacy utilizing the Multicultural and Social Justice Counseling Competencies and extant literature in counselor and ally development. Four developmental stages are posited based on the MSJCC domains, and various strategies for teaching competencies at each level are provided.

### **Development of the Comfort with Sexual Behaviors Scale**

**Molli E. Mercer & Shannon B. Dermer**

**58-68.** The purpose of this study was to develop a valid, reliable scale to assess people's comfort with sexual behaviors. The Comfort with Sexual Behaviors Scale (CSBS) was developed through multiple administrations. One factor, general comfort talking about sexual behaviors, accounted for 65% of the variance. The 30-item CSBS was a valid and reliable measure of comfort with discussion of sexual behaviors.

#### **Submissions**

If you are interested in submitting your work to *JCSSW* for consideration for publication, you can locate our submission requirements at <https://digitalcommons.unf.edu/jcssw/styleguide.html>. The *JCSSW* editorial team is committed to ensuring an efficient review process and aims to communicate all initial decisions within 90 days of submission. Please also feel free to contact [Robert J. Zeglin](#) (Editor) or "[Jayce](#)" [Patton](#) (Associate Editor) with any questions.