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Journal of Counseling Sexology & Sexual Wellness: Research, Practice, and Education

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Counselors-in-Training Reactions to Clients Living with and without HIV

Melissa Zeligman & J. Richelle Joe

69-79. An estimated one million people are currently living with HIV in the United States. Therefore, an important question remains pertaining to professional helpers' preparedness in working with people living with HIV/AIDS (PLWHA). This study (N = 165) utilized an analogue design, with participants receiving one of four possible clinical case vignettes, to determine the relationship of client HIV status and race with counselor-in-training self-efficacy, multicultural competency, and empathy. Results revealed that client HIV status was predictive of counselor self-efficacy, and that self-efficacy held relationships with multicultural counseling competency and empathy. Findings suggest multicultural skills training may be particularly important to increase CIT self-efficacy when working with PLWHA.

“No One Can Make that Choice for You:” Exploring Power in the Sexual Narratives of Black Collegians

Candice Hargons, Della Mosley, Carolyn Meiller, Jardin Dogan, Jennifer Stuck, Chesmore Montique, Natalie Malone, Carrie Bohmer, Queen-Ayanna Sullivan, Anyoliny Sanchez, Joseph Oluokun, & Danelle Stevens-Watkins

80-92. Power is enacted to oppress others, pursue wellness, or resist oppression. For Black people, societal and relational oppression influences racialized and gendered expressions of power within sexual encounters. The current study analyzed power dynamics within Black university students' first and most recent sexual encounters. Using narrative inquiry within a critical paradigm, five narrative strategies were identified within participants' interviews: 1) Offering a Peek into Powerlessness, 2) Detailing Disempowerment, 3) Privileging Stereotypical Power, 4) Reclaiming Power, and 5) Emphasizing Empowered Sex. Racialized, gendered sexual socialization among Black students is discussed. Counseling considerations to increase sexual wellness for Black people are explored.

The Influence of Cyber-Sexual Assault on the Mental Health Outcomes of Survivors

Kelley R. Holladay, W. Bryce Hagedorn, & David Boote

93-103. Researchers examined data collected from the only national sample of cyber-sexual assault (CBSA) survivors (N = 97; 3.75% response rate to the online survey)

using three valid instruments that measure symptomology of sexual assault. We found that participants scored high across each of the inventories, indicating CBSA survivors respond in ways that are similar to sexual assault survivors concerning emotional dysregulation, depression, and post-traumatic stress symptomology, particularly if they had a history of sexual assault. Implications for counselors are reviewed, and clinical recommendations are offered.

Mental Health Workers' Perceptions of Risk Factors for Human Trafficking in Nairobi, Kenya: A Preliminary Qualitative Investigation

Stacey D.A. Litam, Dakota King-White, Kathryn C. MacCluskie, & Julia C. Phillips

104-116. The researchers of this pilot study conducted three in-depth semi-structured interviews with four mental health workers in Nairobi to obtain a deeper understanding of their perceptions of human trafficking in Kenya. Four themes that increased vulnerability for entrance into the human trafficking trade were identified. Individuals were at increased risk for forced labor exploitation due to socioeconomic factors, traditional African practices, cultural beliefs, and political risk factors. This article provides implications for practice and support for community mental health workers, counselors, and educators working with survivors of human trafficking. Implications for future research and practice are discussed.

Implications for Supervisors and Counselor Educators in Human Sexuality

Reka K. Farago

117-129. This article reports a phenomenological analysis of 13 counselor educators about their supervision experiences with sexuality counseling topics. The eight resulting themes were managing conflicting emotions, creating conditions, values, advocacy, student focus, language, multicultural competency, and student autonomy. Findings suggested the importance of supervisors working with process rather than sexual content when supervising Counselors in Training (CITs) for sexual health topics they encountered during counseling training. Participant experiences and tools were discussed, such as allowing CITs personal processing, and teaching contextual understanding. Implications for supervision and future research shared.

Submissions

If you are interested in submitting your work to *JCSSW* for consideration for publication, you can locate our submission requirements at <https://digitalcommons.unf.edu/jcssw/styleguide.html>. The *JCSSW* editorial team is committed to ensuring an efficient review process and aims to communicate all initial decisions within 90 days of submission. Please also feel free to contact [Robert J. Zeglin](#) (Editor) or ["Jayce" Patton](#) (Associate Editor) with any questions.