

News Release



Blue Cross and Blue Shield of Florida Statement on Mental Health Benefits

Blue Cross and Blue Shield of Florida (BCBSF) works with our customers to provide the health care coverage that best meets their needs, from home health care, to hospital stays, to routine doctor visits, maternity care, alcohol and drug dependency treatments and including mental health benefits that meet state requirements. Currently, our standard preferred provider organization (PPO) contracts offer the following mental health benefits:

- o deductibles and coinsurance paid at the same rate as any other condition;
- o no separate lifetime maximum;
- o Thirty-one inpatient days/visits per year, including partial hospitalization; and
- o \$1,000 annual maximum for outpatient.

In addition, BCBSF offers other mental health benefits for employers with over 100 employees, upon request. However, most employers who have a choice of benefits request that mental health coverage be reduced or not included.

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