

# 2011 HEALTHY KIDS, HEALTHY JACKSONVILLE: PARENT RESOURCE GUIDE



A Community Approach for Healthier Kids



Childhood Obesity  
PREVENTION COALITION

A young girl with dark hair pulled back, wearing a yellow headband and a yellow t-shirt, is smiling and looking towards the camera. She is outdoors at a playground, with green and yellow playground equipment visible in the background. The ground is covered in wood chips.

## 2011 HEALTHY KIDS, HEALTHY JACKSONVILLE: PARENT RESOURCE GUIDE

The Parent Resource Guide was created by the Healthy Jacksonville Childhood Obesity Prevention Coalition to address a community need for referral services, programs and community assets that promote healthy eating and physical activity for children. The guide serves as a partial listing of the many resources that Jacksonville has to offer to help children and families lead a healthier lifestyle.

As you look through the pages, you will find the following information:

- ORGANIZATION NAME / PROGRAM NAME
- DESCRIPTION OF SERVICES OFFERED
- LOCATION
- CONTACT INFORMATION
- COST (if applicable)

The information contained in this guide will help you find programs and services to support a healthy and active lifestyle for your family.

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## COMMUNITY PROGRAMS / ACTIVE KIDS

### FIRST COAST YMCA

904.296.3220 / firstcoastymca.org

YMCA locations throughout the First Coast offer a wide range of activities for youth including: swimming lessons, karate, gymnastics, various sports leagues and a Kids Triathlon. The YMCA also provides youth fitness certification that allows youth ages 9 and up to work out on the wellness floor of all YMCA branches.

**LOCATIONS:** Various

**COST:** Fees vary, financial assistance available

### FIRST TEE

904.924.0401 / thefirstteejacksonville.org

The youth-centered golf facility where youth in Jacksonville can learn the game and values of golf in a structured, supportive environment.

**LOCATION:** Northside

**COST:** Fees vary

### GIRLS ON THE RUN

904.619.6763 / gotrneflorida.org

Girls on the Run (GOTR) encourages pre-teen girls to develop self-respect and healthy lifestyles through running. GOTR creates life-changing experiences for all girls ages 8 – 12 by combining training for a 5K along with important life lessons that encourage healthy habits, self-esteem, positive thinking and an active lifestyle.

**LOCATION:** Various

**COST:** Fees apply

### LET US PLAY

904.270.8818 / letusplay.org

Let Us Play's goal is to motivate children to take advantage of the life-long benefits of sports and education. Let Us Play hosts a 4-day sports camp as well as a junior 2K run.

**LOCATION:** Various

**COST:** Fee or low-cost

### TEMPLE BUILDERS FITNESS CENTER

904.394.0856

Temple Builders is a gym associated with the Potter's House Christian Fellowship. The gym offers a variety of classes and programs for all ages as well as an indoor heated pool.

**LOCATION:** Westside

**COST:** Fees apply

## COMMUNITY PROGRAMS / AFTER SCHOOL

### THE BRIDGE OF NORTHEAST FLORIDA

904.354.7799 / bridgejax.com

The Bridge of Northeast Florida offers children and teens programs related to healthy life choices including a focus on health and nutrition education and the benefits of active and healthy lifestyles. The Bridge also offers many recreational sports and activities including flag football, basketball, tennis, step dancing, yoga and karate, and features a community garden maintained by children at The Bridge.

**LOCATION:** Springfield

**COST:** No or low-cost services



### **BOYS & GIRLS CLUBS OF NORTHEAST FLORIDA**

904.396.4435 / bgcnf.org

The Boys & Girls Clubs serves youth ages 6 – 18 through programs that focus on five core areas, one of which is sports, fitness and recreation. The most implemented program in this core area is Triple Play. This national program takes a whole-child approach to educating boys and girls about good nutrition, making physical fitness a daily practice, and developing individual strengths and good character. In addition to components for the body and mind, Triple Play gets at the soul of the Club experience—the games room. Each Mind, Body and Soul program can stand alone; yet combining them allows Club members to obtain more powerful, lifelong benefits.

**LOCATION:** Various

**COST:** Low-cost

### **CHILDREN'S HOME SOCIETY**

904.493.7744 / chsfl.org

Children's Home Society provides after-school care that includes nutrition and physical activity involvement and education for children in foster care.

**LOCATION:** Arlington/Southside

**COST:** Free

### **COMMUNITY CONNECTIONS FITNESS & ANTI-OBESITY PROGRAM**

904.350.9949 / communityconnectionsjax.org

The Fitness & Anti-Obesity Program at Community Connections teaches school-aged children and adolescents about making the importance of making healthy eating choices and provides instruction on preparing healthy snacks. Students participate in regular exercise routines and earn incentives for program participation.

**LOCATION:** Various

**COST:** Free

### **GIRLS ON THE RUN**

904.619.6763 / gotrneflorida.org

Girls on the Run (GOTR) encourages pre-teen girls to develop self-respect and healthy lifestyles through running. GOTR creates life-changing experiences for all girls ages 8 – 12 by combining training for a 5K along with important life lessons that encourage healthy habits, self-esteem, positive thinking and an active lifestyle.

**LOCATION:** Various

**COST:** Fees apply

### **GIRLS, INC. OF JACKSONVILLE**

904.731.9933 / girlsincjax.org

Girls, Inc. of Jacksonville serves girls ages 5 - 18 every day in after-school programs and summer camps. After-school programs provide a supportive and safe environment; homework assistance; and activities such as dance, computer, art, storytelling, theatre and karate. In addition to after-school programs, Girls, Inc. also provides outreach programs that build self-confidence and self-esteem, and help girls make better life decisions.

**LOCATION:** Various

**COST:** Fees vary

## COMMUNITY PROGRAMS / AFTER SCHOOL *(continued)*

### FIRST COAST YMCA PRYME TIME

904.296.3220 /  
firstcoastymca.org/community/outreach

First Coast YMCA PrYme Time offers a variety of outdoor playtime, arts and crafts, games and snacks, in addition to a fitness program and various enrichment programs. The before- and after-school programs for school-aged children are offered in a fun and safe environment that promotes the YMCA's four core values: caring, honesty, respect and responsibility.

**LOCATION:** Various  
**COST:** Fees vary

### FIRST COAST YMCA YOUTH FIT FOR LIFE

904.296.3220

First Coast YMCA's Youth Fit For Life program is designed to promote healthy eating habits and increase physical activity for children in grades K through 5. A nutrition and health education component is provided by YMCA dieticians and health educators.

**LOCATION:** Various  
**COST:** Fees vary

### MALIVAI WASHINGTON KIDS FOUNDATION

904.359.5437 / malwashington.com

The MaliVai Washington Kids Foundation promotes school success and positive life skills through the sport of tennis among school-aged children and adolescents. Tennis gets kids involved in an active and fun game and offers so much more. By connecting success on the court with success in life, MaliVai Washington Kids Foundation promotes leadership, self-esteem, sportsmanship, confidence, discipline, responsibility and the values of hard work, team work and individual effort.

**LOCATION:** Northside  
**COST:** Free

### POLICE ATHLETIC LEAGUE (PAL)

904.854.6555 / jaxpal.com

The Police Athletic League (PAL) offers year-round and seasonal sports programs, after-school education and summer camps for children and adolescents. PAL programs are provided through safe and structured activities and are available to all youth regardless of race, religion or financial status.

**LOCATION:** Various  
**COST:** Free

### THE SANCTUARY

904.356.3588 / sanctuaryon8th.org

The Sanctuary on 8th Street provides a safe environment for children living in Springfield. The Sanctuary offers after-school enrichment and activities that enhance and expand children's understanding of the world. The Sanctuary also offers summer camp programs.

**LOCATION:** Springfield  
**COST:** Free

### WAYMAN COMMUNITY DEVELOPMENT LIFECHANGE FAMILY SERVICES

904.693.1503

Wayman Community Development offers educational workshops dedicated to positive self-image, nutrition and healthy lifestyles for children ages 6 – 16.

**LOCATION:** Westside  
**COST:** Free

## COMMUNITY PROGRAMS/ HEALTHY EATING

### BAPTIST HEALTH, DEPARTMENT OF COMMUNITY HEALTH

904.202.2530

Baptist Health's Department of Community Health provides education on nutrition and fitness for children and their families. The sessions focus on the USDA food guidelines and provide ways in which children and families can become healthy through proper diet and exercise.

**LOCATION:** Downtown

**COST:** Fees vary

### BOY SCOUTS/CUB SCOUTS

904.388.0591 / [nfcscouting.org](http://nfcscouting.org)

The goal of Boy Scouts and Cub Scouts is to prepare boys ages 6 – 18 for life by promoting character development, community involvement and personal fitness.

**LOCATION:** Various

**COST:** Low-cost

### DUVAL COUNTY HEALTH DEPARTMENT, COMMUNITY NUTRITION SERVICES

904.253.1000 /  
[dchd.net/community%20nutrition.htm](http://dchd.net/community%20nutrition.htm)

The Duval County Health Department Community Nutrition Services Division provides programs to improve the nutrition of underserved adults and children throughout Jacksonville. The Community Nutrition Services Division is responsible for breast-feeding education and support, WIC and nutrition education. Specific classes offered include food budgeting, nutrition counseling and menu planning as well as food demonstrations and supermarket tours.

**LOCATION:** Various

**COST:** Fees vary



### EMPOWERMENT RESOURCES, INC.

904.268.8287 / [empoweringfamilies.org](http://empoweringfamilies.org)

Empowerment Resources, Inc., as well as the "Journey into Womanhood" program helps teens by promoting leadership development, academic performance and increased self-esteem. Parenting workshops also include nutrition and health education sessions.

**LOCATION:** Southside

**COST:** Fees vary

### FIRST COAST YMCA, INDIVIDUAL NUTRITION COUNSELING

904.296.3220 /  
[firstcoastymca.org/wellness/nutrition](http://firstcoastymca.org/wellness/nutrition)

First Coast YMCA offers one-hour, individual nutrition counseling sessions to people of all ages. Through these sessions, participants meet one-on-one with a registered dietician and receive a personalized diet plan to help them achieve a healthy weight. Nutrition counselors are also available to offer education on healthier eating habits and ways to implement those habits.

**LOCATION:** Various

**COST:** Fees vary

## COMMUNITY PROGRAMS / HEALTHY EATING *(continued)*

### GIRL SCOUTS

904.388.4653 / [girlscouts-gateway.org](http://girlscouts-gateway.org)

Girl Scouts encourages girls to partner with caring adults, and creates a wide range of fun and challenging leadership activities that empower them to discover, connect and take action to make a difference in today's world.

**LOCATION:** Various

**COST:** Low- and no-cost

### THAT-A-WEIGH KIDS®

904.887.0393 / [thataweighkids.com](http://thataweighkids.com)

That-A-Weigh Kids® teaches kids and teens how to manage their weight. Developed by a pediatrician, the program uses hands-on activities, web resources, on-site learning, and plenty of support and motivation. That-A-Weigh Kids® offers children, teens and their families an alternative to a life-long battle with obesity and overweight.

**LOCATION:** Mandarin

**COST:** Fees apply

### ST. VINCENT'S HEALTHCARE, WAY TO GO KIDS

904.308.7577

Way to Go Kids is a 6- to 8-week course designed to teach kids about nutrition and physical activity. Each week, a new topic related to nutrition is presented and children also participate in physical fitness through choreographed hip-hop dance routines.

**LOCATION:** Riverside

**COST:** Free



### UNIVERSITY OF FLORIDA/IFAS COOPERATIVE EXTENSION SERVICE, 4-H EXPANDED FOOD & NUTRITION EDUCATION PROGRAM (EFNEP)

904.387.8858

The 4-H Expanded Food & Nutrition Education Program offers youth and adolescents nutrition education in-school, after-school and at summer camps. Education is offered using cooking demonstrations and physical activity and emphasizes the importance of living a healthy lifestyle.

**LOCATION:** Various

**COST:** Free

## COMMUNITY PROGRAMS / ADULTS & FAMILIES

### EMPOWERMENT RESOURCES, INC.

904.268.8287 / [empoweringfamilies.org](http://empoweringfamilies.org)

Empowerment Resources, Inc., as well as the "Journey into Womanhood" program helps teens by promoting leadership development, academic performance and increased self-esteem. Parenting workshops also include nutrition and health education sessions.

**LOCATION:** Southside

**COST:** Fees vary



#### FIRST COAST YMCA, A DIFFERENT WEIGH

904.355.1436 / [firstcoastymca.org](http://firstcoastymca.org)

A Different Weigh is a six-month behavioral modification program for adults focused on achieving total health through lifestyle changes, and includes a multi-disciplinary approach to weight loss. The program provides pre- and post-assessments, bi-weekly weigh-ins, plus individual sessions with behavioral therapists, registered dietitians, health educators and personal trainers. The curriculum places equal emphasis (50/50) on physical activity/exercise and nutrition.

**LOCATION:** Riverside and Southside

**COST:** Fees vary

#### NORTHEAST FLORIDA HEALTHY START COALITION

904.723.5422 / [nefhealthystart.org](http://nefhealthystart.org)

Healthy Start provides free services for pregnant women and their infants and toddlers, including: childbirth education classes, healthy pregnancy classes, infant care classes, breastfeeding education and support, home visits, counseling, parenting education and support, and more.

**LOCATION:** Various

**COST:** Free

#### NORTHEAST FLORIDA LACTATION COALITION

904.845.2660, ext. 5385 / [neflbreastfeeding.org](http://neflbreastfeeding.org)

The Northeast Florida Lactation Coalition provides education for expecting and nursing mothers on healthy lifestyles, processed/fried food intake, pre-natal health and breastfeeding.

**LOCATION:** Various

**COST:** Low- and no-cost

#### UNITED WAY OF NORTHEAST FLORIDA, BORN LEARNING

904.390.3225 /

[uwnefl.org/partnerships\\_bornlearning.asp](http://uwnefl.org/partnerships_bornlearning.asp)

United Way of Northeast Florida's Born Learning parenting classes enable low-income parents, grandparents and caregivers of children under age 13 to explore ways to turn everyday moments into fun learning opportunities for children.

**LOCATION:** Various

**COST:** Free

## COMMUNITY PROGRAMS / MEDICAL ASSISTANCE

#### DUVAL COUNTY HEALTH DEPARTMENT AND THE UNIVERSITY OF FLORIDA CENTER FOR WOMEN & CHILDREN, BREASTFEEDING PROMOTION AND SUPPORT SERVICES

904.253.1080 / [dchd.net/cfwc.htm](http://dchd.net/cfwc.htm)

The Center for Women & Children offers pregnant/nursing women and children with Medicaid, low-insurance or no insurance the following women's health care services: breast and cervical cancer care, family planning/birth control, pregnancy testing, pap smears, clinical breast exams, prenatal care, Healthy Start and WIC. The Center also provides children's well care, sick care and immunizations.

**LOCATION:** Downtown

**COST:** Fees vary

## COMMUNITY PROGRAMS / MEDICAL ASSISTANCE *(continued)*

### FULL SERVICE SCHOOLS

904.390.3247 / [uwnefl.org/Partnerships\\_FSS.asp](http://uwnefl.org/Partnerships_FSS.asp)

Full Service Schools (FSS) is the only free mental health resource for children in Duval County that covers behavioral help for children and individual/family counseling. Other services provided by FSS include: mentoring, parenting help, medical/health/nursing services, eyeglasses, after-school activities and basic needs assistance.

**LOCATION:** Various

**COST:** Free

### NEMOURS CHILDREN'S CLINIC, JACKSONVILLE

904.697.3600 / [Nemours.org](http://Nemours.org)

Specialists in the Weight Management program at Nemours Children's Clinic, Jacksonville, provide evaluation and treatment of children who are either overweight or obese. The comprehensive program is focused on helping families adopt long-term, sustainable lifestyle changes that can lead to significant improvements in a child's overall health and well-being. Our team of pediatric specialists includes doctors, nurses, registered dietitians, exercise specialists, and behavior health experts, all of whom have special expertise in weight management issues. Some of the services offered include: consults, support groups, group exercise, cooking and nutrition courses, family parenting and coping skills, and behavior-based goal setting.

**LOCATION:** Downtown/Southbank

**COST:** Fees apply, depending on insurance carrier

### ST. VINCENT'S MOBILE HEALTH OUTREACH MINISTRIES

904.308.7911

The St. Vincent's Mobile Health Outreach Ministries travels throughout the region to minister to underserved and uninsured adults and children, providing immunizations, health screenings, physicals, medical testing and many other services, at no charge. The Mobile Health Outreach team also provides referrals to nutritionists for follow-up, as needed, and physical activity education.

**LOCATION:** Various

**COST:** Free

### WOLFSON CHILDREN'S HOSPITAL WEIGH TO HEALTH CAMPS

904.202.4959 / [wolfsonchildrens.org/programs-services/support/Pages/parent-resources.aspx](http://wolfsonchildrens.org/programs-services/support/Pages/parent-resources.aspx)

Every summer, the Behavioral Health Department of Wolfson Children's Hospital holds intensive, experiential camps for children and adolescents struggling with weight and body image issues. The camps, which are offered in partnership with the Yates Family YMCA in Riverside, introduce children to the key components of a health lifestyle, including: balanced nutrition; mindful eating and becoming a wise consumer; reducing emotional eating and overeating; moderate, enjoyable physical activity; healthy coping skills; and improved body image and self-esteem.

**LOCATION:** Downtown/Riverside

**COST:** Fees vary, financial assistance available

**WOLFSON CHILDREN'S HOSPITAL/  
NEMOURS CHILDREN'S CLINIC,  
JACKSONVILLE, NORTHEAST FLORIDA  
PEDIATRIC DIABETES CENTER**

904.202.8547

The Northeast Florida Pediatric Diabetes Center, a partnership between Wolfson Children's Hospital and Nemours Children's Clinic, is the only center of its kind in the area. The multi-disciplinary team includes certified diabetes educators, registered nurses, registered dietitians and pediatric endocrinologists—specially trained in the management of diabetes and diabetes-related conditions in children. A full range of diagnostic, treatment and consulting services are offered for children and adolescents, including: type 1 diabetes, type 2 diabetes, pre-diabetes, weight management and other factors contributing to the metabolic syndrome.

**LOCATION:** Downtown/Southbank

**COST:** Fees apply, depending on insurance carrier

## **COMMUNITY PROGRAMS/ SCHOOL-BASED SERVICES**

Contact your child's school or child care center to find out if these programs are available.

### **STRETCH-N-GROW**

904.273.9598 / stretchngrowflorida.com

Stretch-N-Grow Florida is part of an international network dedicated to establishing healthy habits in young children. Through Stretch-N-Grow, well-trained, certified instructors conduct fun fitness classes at preschools, child care centers, elementary

schools and recreation centers. By making fitness fun, the program teaches children to love exercise and instills a strong foundation for a lifetime of healthy habits that result in good health, strength, confidence and positive attitudes. Stretch-N-Grow also offers workshops to keep staff motivated and educated, as well as help bring new and fun ideas for incorporating fitness into the classroom.

**LOCATION:** Various

**COST:** Fees vary

### **COMMUNITIES IN SCHOOLS**

904.354.5918 / cisjax.org

Communities in Schools of Jacksonville (CISJ) is the largest local provider of in-school safety net and dropout prevention services for at-risk children. Each year, CISJ programs reach 6,600 students through a wide range of in-school and after-school initiatives.

**LOCATION:** Various

**COST:** Free

### **DUVAL COUNTY PUBLIC SCHOOLS, SAFE AND HEALTHY SCHOOLS**

904.390.2131 / duvalschools.org

The Safe and Healthy Schools Department is committed to providing curricular, instructional and behavioral support in health, physical education and school climate to empower students to become healthy, productive and successful learners within a safe and supportive learning environment. The Department oversees school-based health education and physical activity for all Duval County Public School children.

**LOCATION:** Various

**COST:** Free, included in school curricula

**JACKSONVILLE CHILDREN'S  
COMMISSION NUTRITIONAL SERVICES &  
DEVELOPMENTAL HEALTH PROGRAMS**

904.630.6430 / jaxkids.org

The Jacksonville Children's Commission (JCC) provides nutrition education in 28 team-up sites throughout Duval County. JCC creates menus and manages the Childcare Food program to provide after-school snacks and dinners to underserved children. In addition, the group is a sponsor of the Summer Lunch Program, which provides snacks and lunches to underserved children when school is out for the summer.

**LOCATION:** Various

**COST:** Free

**NORTHEAST FLORIDA AREA HEALTH  
EDUCATION CENTER, HEALTHY CHOICE  
ALTERNATIVES FOR TWEENS (HCAT)**

904.482.0189 / northfloridaahec.org

The Healthy Choice Alternatives for Tweens (HCAT) is a 14-week nutrition education and physical activity program designed to educate and encourage third-grade elementary students and their families to adopt behaviors that are consistent with the USDA's Dietary Guidelines for Americans, including MyPlate (previously the Food Pyramid). The program is led by university students who teach six lessons in the fall and six lessons in the spring, with an additional week each semester for introduction and celebration.

**LOCATION:** Various

**COST:** Free (Contact AHEC about bringing this program to your child's school)

**NORTHEAST FLORIDA AHEC OSTEOPOROSIS  
PREVENTION PROGRAM (OPP)**

904.482.0189 / northfloridaahec.org

The Osteoporosis Prevention Program offers nutrition education, physical activity instruction, eating disorder prevention and healthy lifestyle tips taught to school-age children at different grade levels in area schools. The program follows Sunshine State Standards and uses the USDA's MyPlate as a guide.

**LOCATION:** Various

**COST:** Free (Contact AHEC about bringing this program to your child's school)

## COMMUNITY ORGANIZATIONS

Agencies listed below do not provide direct services, but do offer community development assistance and health education resources. Contact these organizations if you are interested in their involvement with the Healthy Jacksonville Childhood Obesity Prevention Coalition.

**DEPARTMENT OF CHILDREN AND  
FAMILIES ACCESS FLORIDA**

866.762.2237 / dcf.state.fl.us/ess/

Find out about and apply for benefits and find other organizations that offer help.

## HEALTH PLANNING COUNCIL OF NORTHEAST FLORIDA

904.723.2162 / [hpcnef.org](http://hpcnef.org)

Community planning and research on behavior change.

## HEALTHY JACKSONVILLE CHILDHOOD OBESITY PREVENTION COALITION

904.253.2520

The mission of the Healthy Jacksonville Childhood Obesity Prevention Coalition (HJCOPC) is to prevent and reduce obesity in children and adolescents by promoting healthy and active lifestyles for children in Duval County. The HJCOPC represents more than 50 area nonprofits along with other interested individuals committed to the sole purpose of working on behalf of children.

## NORTHEAST FLORIDA REGIONAL COUNCIL

904.279.0885, ext. 130 / [nefrpc.org](http://nefrpc.org)

The Northeast Florida Regional Council influences policy related to land use and school settings.

## URBAN DYNAMICS CORPORATION

904.246.7075

The Urban Dynamics Corporation works to create opportunities to build school and community gardens in order to improve access to healthy foods.



## WAR ON POVERTY FLORIDA

904.766.7275 / [waronpoverty.org](http://waronpoverty.org)

War on Poverty's work is focused on community gardens; community asset analysis; community organization and engagement; and youth development.

## PARKS, POOLS, PLAYGROUNDS & MORE (Listed by Neighborhood)



### DOWNTOWN / NORTHSIDE / SPRINGFIELD RECREATION

#### BANK OF AMERICA FAMILY YMCA

50 N. Laura Street  
Jacksonville, FL 32202  
904.356.9622

#### FIRST TEE JACKSONVILLE

1157 Golfair Boulevard  
Jacksonville, FL 32209  
904.924.0401  
firstteejacksonville.org

#### FORESTVIEW ATHLETIC ASSOCIATION

9027 Wilton Avenue  
Jacksonville, FL 32208  
904.768.0077

#### GATE CITY GOLF ASSOCIATION

6727 Hema Road  
Jacksonville, FL 32209  
904.765.8517

#### GRAND PARK ATHLETIC ASSOCIATION

2500 Division Street  
Jacksonville, FL 32209  
904.476.3587  
leaguelineup/gpafootball

#### JAMES WELDON JOHNSON FAMILY YMCA

5700 Cleveland Road  
Jacksonville, FL 32209  
904.765.3589

#### JACKSONVILLE BMX

1946 Ray Greene Drive  
Jacksonville, FL 32218  
904.252.9923  
jacksonvillebmx.com

#### JERRY WILLIAMSON MARTIAL ARTS SCHOOL

2839 Dunn Avenue  
Jacksonville, FL 32218  
904.765.2441

#### JESSIE BALL DUPONT YMCA

7373 Old Kings Road S.  
Jacksonville, FL 32217  
904.731.2006

#### KOOKER PARK

1420 E. 20th Street  
Jacksonville, FL 32202

#### POLICE ATHLETIC LEAGUE (PAL) - EASTSIDE

1050 Franklin Street  
Jacksonville, FL 32206  
904.358.6767  
jaxpal.com

**Did You Know?** There are more than 60 parks with playgrounds available for public use throughout Jacksonville. Visit [JaxParks.com](http://JaxParks.com) for a complete list.

**POLICE ATHLETIC  
LEAGUE (PAL) – NORTHSIDE**

2165 W. 33rd Street  
Jacksonville, FL 32209  
904.355.3308  
[jaxpal.com](http://jaxpal.com)

**POLICE ATHLETIC  
LEAGUE (PAL) – TEAM UP**

696 Palm Avenue  
Jacksonville, FL 32254  
904.695.1795  
[jaxpal.com](http://jaxpal.com)

**POLICE ATHLETIC  
LEAGUE (PAL) – WESTSIDE,  
MALLISON PARK**

441 Day Avenue  
Jacksonville, FL 32254  
904.381.1101  
[jaxpal.com](http://jaxpal.com)

**SCOTT PARK  
ATHLETIC ASSOCIATION**

2745 Hamilton Circle  
Jacksonville, FL 32209  
904.387.6631

**SHANDS JACKSONVILLE YMCA**

580 W. 8th Street  
Jacksonville, FL 32209  
904.244.9350

**TIGER ACADEMY YMCA**

6079 Bagley Road  
Jacksonville, FL 32209  
904.309.6840

**DOWNTOWN/NORTHSIDE/  
SPRINGFIELD**

**POOLS**

**ANDREW JACKSON HIGH  
SCHOOL POOL**

128 W. 30th Street  
Jacksonville, FL 32206  
904.630.0281

**CHARLES CLARK POOL**

8793 Sibbald Road  
Jacksonville, FL 32208  
904.768.6422

**CLANZEL T. BROWN POOL**

4415 Moncrief Road  
Jacksonville, FL 32209  
904.768.1330

**EMMETT REED POOL**

1093 6th Street  
Jacksonville, FL 32209  
904.630.0829

**EUGENE BUTLER  
MIDDLE SCHOOL POOL**

900 Acorn Street  
Jacksonville, FL 32209  
904.630.0322

**GRAND PARK POOL**

2740 Division Street  
Jacksonville, FL 32209  
904.630.0282

#### **JULIUS GUINYARD POOL**

1358 Jefferson Street  
Jacksonville, FL 32209  
904.630.0994

#### **MALLISON POOL**

3133 Lenox Avenue  
Jacksonville, FL 32254  
904.388.2639

#### **RAINES HIGH SCHOOL POOL**

3663 Raines Avenue  
Jacksonville, FL 32209  
904.765.0920

#### **RIBAULT HIGH SCHOOL POOL**

5820 Van Gundy Street  
Jacksonville, FL 32208  
904.766.53019

#### **ROBERT F. KENNEDY POOL**

1139 Ionia Street  
Jacksonville, FL 32206  
904.630.0939

### **DOWNTOWN / NORTHSIDE / SPRINGFIELD PARKS & PLAYGROUNDS**

#### **A. PHILIP RANDOLPH HERITAGE PARK**

A. Philip Randolph Boulevard  
Jacksonville, FL 32206

Walking, Running, Playground

#### **BARNEY BROWNING PARK**

6014 Norwood Avenue  
Jacksonville, FL 32208

#### **CONFEDERATE PLAYGROUNDS**

949 Hubbard Street  
Jacksonville, FL 32206

#### **EMMETT REED PARK**

1093 W. 6th Street  
Jacksonville, FL 32209

Basketball, Pool, Tennis, Gymnasium

#### **EUGENE M. GLOVER PLAYGROUND**

1701 Myrtle Avenue  
Jacksonville, FL 32209

#### **FLORIDA C. DWIGHT MEMORIAL PLAYGROUND**

1199 W. Church Street  
Jacksonville, FL 32204

#### **FLOSSIE BRUNSON EASTSIDE PARK**

1050 Franklin Street  
Jacksonville, FL 32202

Baseball, Basketball, Tennis, Fields,  
Playgrounds

#### **FT. GEORGE ISLAND CULTURAL STATE PARK**

State Road A1A South  
Jacksonville, FL 32226  
904.251.2320

Walking, Running, Biking

#### **GRUNTHAL PARK**

1660 W. 13th Street  
Jacksonville, FL 32209

Basketball, Tennis, Playground

#### **HUGUENOT MEMORIAL PARK**

10980 Hecksher Drive  
Jacksonville, FL 32226  
904.251.3335

Playground, Swimming, Fishing, Wind surfing,  
Boating, Bird watching, Boat ramp



### JACKSONVILLE'S RIVER WALK

201 E. Coastline Drive  
Jacksonville, FL 32202

Walking, Running

### LITTLE TALBOT ISLAND STATE PARK

12157 Hecksher Drive  
Jacksonville, FL 32226  
904.251.2320

Walking, Running, Biking,  
Swimming, Kayaking

### METROPOLITAN PARK

1410 Gator Bowl Boulevard  
Jacksonville, FL 32202  
904.696.5980

Playgrounds, Kids Kampus, Boat dock, Grills

### MITCHELL CENTER AND PARK

1010 Murray Drive  
Jacksonville, FL 32209

### MURRAY HILL PLAYGROUNDS

4208 Kingsbury Street  
Jacksonville, FL 32202

Walking, Baseball, Basketball, Playground

### NORTH SHORE PARK

7901 Pearl Street  
Jacksonville, FL 32208  
904.630.2489

Walking, Playground, Fishing pier

### PUMPKIN HILL CREEK STATE PRESERVE

13802 Pumpkin Hill Road  
Jacksonville, FL 32226  
904.696.5980

Walking, Running, Biking, Equestrian



## WESTSIDE RECREATION

### ARGYLE FOREST YOUTH SPORTS ASSOCIATION

8578 Beresford Lane  
Jacksonville, FL 32244  
904.317.8739  
argylespartans.com

Football, Cheerleading

### CARTERS MARTIAL ARTS INSTITUTE

8029 W. Ramona Boulevard  
Jacksonville, FL 32210  
904.742.7007  
cmaikarate.com

### CEDAR HILLS ATHLETIC ASSOCIATION

6709 Watoma Street  
Jacksonville, FL 32219  
904.771.9277

### CLAUDE J. YATES YMCA

221 Riverside Avenue  
Jacksonville, FL 32202  
904.355.1436

### FIRST COAST TAEKWONDO

8970 103rd Street, Suite 4  
Jacksonville, FL 32210  
904.778.2348  
firstcoasttaekwondo.com

#### **GYMNASTICS UNLIMITED**

5525 Lenox Avenue  
Jacksonville, FL 32205  
904.783.8043  
gymunlimitedfl.com

#### **JACKSONVILLE BMX**

1946 Ray Greene Drive  
Jacksonville, FL 32218  
904.252.9923  
jacksonvillebmx.com

#### **LAKESHORE ATHLETIC ASSOCIATION**

5300 Park Street  
Jacksonville, FL 32210  
904.384.1427  
lssa.net

Football, Cheerleading, Baseball, Softball

#### **LAVILLA SPORTSMAN CLUB**

7977 New Kings Road  
Jacksonville, FL 32219  
904.993.6035

Football, Cheerleading

#### **MARIETTA ATHLETIC ASSOCIATION**

361 Bulls Bay Highway  
Jacksonville, FL 32220  
904.786.5682

#### **NORMANDY ATHLETIC ASSOCIATION**

10727 Normandy Boulevard  
Jacksonville, FL 32221  
904.693.3322

#### **NORTH JAX SPORTS ASSOCIATION**

12135 Harts Road  
Jacksonville, FL 32218  
Eteamz.com/njsafootball

Football, Cheerleading



#### **RIVER CITY ALL STARS**

14476 Duval Place W., 201  
Jacksonville, FL 32218  
904.382.3633  
homeoftherockets.com

Cheerleading

#### **SWEETWATER ATHLETIC ASSOCIATION**

6974 Wilson Boulevard  
Jacksonville, FL 32210  
904.573.0912

Football, Cheerleading

#### **TAIJI KUNG FU ACADEMY**

6920 103rd Street  
Jacksonville, FL 32210  
taijikungfuacademy.com

#### **VICTORY POINTE BOYS & GIRLS CLUB**

6750 Ramona Boulevard  
Jacksonville, FL 32205  
904.693.1810

Basketball

#### **WESTSIDE FOOTBALL LEAGUE**

6045 105th Street  
Jacksonville, FL 32244  
904.777.3800

Football, Cheerleading, Dance

#### **WESTSIDE SOCCER LEAGUE**

5845 Ortega Boulevard #4  
Jacksonville, FL 32210  
904.317.4501  
westsidesoccer.com

## WHITE HOUSE ATHLETIC ASSOCIATION

11160 General Avenue  
Jacksonville, FL 32220  
904.693.2458  
gowhca.com

Baseball, T-Ball, Softball

## WESTSIDE POOLS

### BALDWIN HIGH SCHOOL POOL

345 Chestnut Street  
Jacksonville, FL 32234  
904.266.2478

### CECIL AQUATICS CENTER

13611-A Normandy Boulevard  
Jacksonville, FL 32221  
904.573.8994

### ED WHITE HIGH SCHOOL POOL

1700 Old Middleburg Road  
Jacksonville, FL 32210  
904.783.4958

### FORREST HIGH SCHOOL POOL

5530 Firestone Road  
Jacksonville, FL 32244  
904.573.2485

### LAKESHORE MIDDLE SCHOOL POOL

2519 Bayview Road  
Jacksonville, FL 32210  
904.387.1772

### ROBERT E. LEE HIGH SCHOOL POOL

1200 S. McDuff Avenue  
Jacksonville, FL 32205  
904.387.6959

## WESTSIDE PARKS & PLAYGROUNDS

### BOONE PARK

3730 Park Street  
Jacksonville, FL 32205

Walking, Running, Tennis, Playground

### DINSMORE BOAT RAMP AND PLAYGROUND

6800 Dunn Avenue  
Jacksonville, FL 32219

### DINSMORE PLAYGROUND

10632 Old Kings Road  
Jacksonville, FL 32219

### MURRAY DRIVE PLAYGROUND

1187 Murray Drive  
Jacksonville, FL 32205

### ORTEGA HILLS PLAYGROUND

5000 Greenway Drive  
Jacksonville, FL 32244

### STINSON PARK

4050 San Juan Avenue  
Jacksonville, FL 32210

Playground, Walking

### STOCKTON PARK

4201 Ortega Boulevard  
Jacksonville, FL 32210

Walking, Fishing

### SWEETWATER PLAYGROUND

7220 Esther Street  
Jacksonville, FL 32210

### WESTRIDGE PARK

2301 Maple Grove Road  
Jacksonville, FL 32244

#### WESTWOOD PARK

5900 W. Tampico Road  
Jacksonville, FL 32244

#### WILEY ROAD PLAYGROUND

2150 Lane Avenue  
Jacksonville, FL 32210

#### WILLOWBRANCH PARK

2870 Sydney Street  
Jacksonville, FL 32205

Playground, Basketball, Softball

### ARLINGTON/SOUTHSIDE RECREATION

#### ARLINGTON FAMILY YMCA

9119 Merrill Road  
Jacksonville, FL 32255  
904.744.2233

#### ARLINGTON FOOTBALL ASSOCIATION

6400 Macy Avenue  
Jacksonville, FL 32211  
904.708.9051

Football, Cheerleading, Dance

#### ARLINGTON LITTLE LEAGUE

6350 Fort Caroline Road  
Jacksonville, FL 32277  
904.744.3055  
alljax.org

Baseball, Softball, Special Needs

#### BARBARA THOMPSON SCHOOL OF DANCE

8595 Beach Boulevard, Suite 310  
Jacksonville, FL 32216  
904.997.0002

Dance, Gymnastics

#### CLAM CHEER AND DANCE

445 Tresca Road, #104  
Jacksonville, FL 32225  
904.382.8048

#### DYNAMITE ALL STARS

12777-6 Atlantic Boulevard  
Jacksonville, FL 32225  
904.221.5544  
dynamiteallstars.com

Cheerleading

#### FIRST CLASS ATHLETICS

6026 Bowendale Avenue  
Jacksonville, FL 32216  
904.828.3505  
fcathletics.com

Cheerleading, Dance, Gymnastics, Tumbling

#### FIRST COAST ARTS & SPORTS CLUB

10539 Craig Industrial Drive, #4  
Jacksonville, FL 32225  
904.508.3946  
firstcoast-artandsports.com

Cheerleading, Tumbling, Acrobatics, Wrestling

#### FIRST COAST SOCCER ASSOCIATION

2850 Hodges Boulevard  
Jacksonville, FL 32224  
904.223.3603  
firstcoastsoccer.com

#### FIRST COAST YMCA

8301 Fort Caroline Road  
Jacksonville, FL 32225  
firstcoastymca.org

Swimming, Karate, Gymnastics, Basketball

#### FLYING FISH SWIM TEAM

4131 Ferber Road  
Jacksonville, FL 32225  
904.477.4629  
ffst.us

#### **FORT CAROLINE ARCHERY CLUB**

11678 Fort Caroline Road  
Jacksonville, FL 32225  
904.994.0011  
fortcarolinearchers.com

#### **FORT CAROLINE ATHLETIC ASSOCIATION**

11851 McCormick Road  
Jacksonville, FL 32225  
904.564.2080  
eteamz.com/fcaabaseball

Baseball

#### **GREATER ARLINGTON SOCCER CLUB**

11751 McCormick Road  
Jacksonville, FL 32225  
904.744.5490  
gascoccer.com

#### **HENDRICKS AVENUE COMMUNITY ATHLETICS**

4001 Hendricks Avenue  
Jacksonville, FL 32207  
904.348.6328

#### **JACKSONVILLE JUNIORS VOLLEYBALL ASSOCIATION**

11661 Philips Highway  
Jacksonville, FL 32256  
904.854.2323  
jjva.com

#### **JAX KARATE**

11120 McCormick Road  
Jacksonville, FL 32225  
904.994.4943  
jaxkarate.com

#### **JUNIOR TEAM DEVELOPMENT PROGRAM**

10239 Golf Club Drive  
Jacksonville, FL 32256  
904.997.2004  
deerwoodclub.com

Tennis



#### **KARATE ARTS ACADEMY OF SELF DEFENSE**

7801 Lonestar Road  
Jacksonville, FL 32211  
904.722.0110  
karateartsflorida.com

#### **KINGDOM PANTHERS SPORTS**

12335 Atlantic Boulevard  
Jacksonville, FL 32225  
904.470.4617

Football, Cheerleading

#### **MCCUMBER GOLF ACADEMY**

1 UNF Drive, Building 48  
Jacksonville, FL 32224  
904.620.2050  
thegolfplex.com

#### **MINDFUL MOTION YOGA**

3546 St. Johns Bluff Road, #119  
Jacksonville, FL 32246  
904.996.2500  
mindfulmotion-yoga.com

#### **NORTH FLORIDA GYMNASTICS AND CHEER**

12777-10 Atlantic Boulevard  
Jacksonville, FL 32246  
904.221.5544  
nfgymcheer.com

**POLICE ATHLETIC LEAGUE (PAL) –  
SOUTHSIDE/MONUMENT**

3440 Monument Road  
Jacksonville, FL 32225  
904.854.6555

Basketball, Boxing, Cheerleading, Football,  
Karate, Lacrosse, Soccer, Track & Field,  
Special Needs

**PINE FOREST ATHLETIC ASSOCIATION**

3939 Grant Avenue  
Jacksonville, FL 32207  
904.708.9051

Football, Cheerleading, Dance

**SOUTHSIDE ATHLETIC  
ASSOCIATION POP WARNER**

2115 Dean Road  
Jacksonville, FL 32216  
904.855.1307

**TNT GYMNASTICS AND FITNESS**

2683 St. Johns Bluff Road S.  
Jacksonville, FL 32246  
904.998.8681  
tntgymfit.com

Cheerleading, Gymnastics, Tumbling,  
Fitness, Dance

**UNITED MARTIAL ARTS**

6180-9 Fort Caroline Road  
Jacksonville, FL 32225  
904.762.9687  
unitedmartialartsjax.net

**ARLINGTON / SOUTHSIDE  
POOLS**

**ENGLEWOOD HIGH SCHOOL POOL**

4412 Barnes Road  
Jacksonville, FL 32207  
904.448.6895

**FORT CAROLINE POOL**

4131 Ferber Road  
Jacksonville, FL 32277  
904.744.5612

**PINE FOREST POOL**

2335 Gattis Lane  
Jacksonville, FL 32207  
904.398.0591

**SAN SOUCI POOL  
(ADOLPH WURN PARK)**

2115 Dean Road  
Jacksonville, FL 32216  
904.724.8218

**SANDALWOOD HIGH SCHOOL POOL**

2750 John Prom Boulevard  
Jacksonville, FL 32246  
904.642.5900

**TERRY PARKER HIGH SCHOOL POOL**

7301 Parker School Road  
Jacksonville, FL 32211  
904.723.6144

**WOODLAND ACRES POOL**

8200 Kona Avenue  
Jacksonville, FL 32211  
904.724.6169

## ARLINGTON / SOUTHSIDE PARKS & PLAYGROUNDS

### ARLINGTON LIONS CLUB PARK

4322-1 Richard Denby Gatlin Road  
Jacksonville, FL 32277

Walking, Playground, Fishing

### BLUE CYPRESS PARK

4012 University Boulevard N.  
Jacksonville, FL 32277

Walking, Swimming, Soccer, Playground, Golf

### CASTAWAY ISLAND PRESERVE

2885 San Pablo Road S.  
Jacksonville, FL 32224  
904.630.4100

Walking, Biking, Running, Canoeing, Outdoor  
theatre for wildlife education

### GERRIES PARK

6629 Fort Caroline Road  
Jacksonville, FL 32277

### JACKSONVILLE ARBORETUM AND GARDENS

1445 Millcoe Road  
Jacksonville, FL 32225

Walking, Biking, Running

### PARKWOOD HEIGHTS ELEMENTARY PARK

1709 Lansdowne Road  
Jacksonville, FL 32246

### SAN PABLO ELEMENTARY PLAYGROUND

801 18th Avenue N.  
Jacksonville, FL 32246

### ST. NICHOLAS PLAYGROUND

2260 Spring Park Road  
Jacksonville, FL 32207

### UNF CAMPUS TRAILS

1 UNF Drive  
Jacksonville, FL 32224

Walking, Running, Biking

### VICTORY PARK

3781 University Club Boulevard  
Jacksonville, FL 32277

Walking, Field, Playground

## SOUTHSIDE / MANDARIN RECREATION

### BAYMEADOWS ATHLETIC ASSOCIATION

8000 Baymeadows Road E.  
Jacksonville, FL 32256  
904.392.6831

Football, Cheerleading

### BAYMEADOWS GYMNASTICS

9410 Historic Kings Road S.  
Jacksonville, FL 32257  
904.731.1717

### BLUE CROSS AND BLUE SHIELD OF FLORIDA YMCA

4800 Deerwood Parkway, Bldg. 300  
Jacksonville, FL 32246  
904.905.0010

### BROOKS FAMILY YMCA

10423 Centurion Parkway N.  
Jacksonville, FL 32256  
904.854.2000

#### **BULLDOG BOXING**

11491 Columbia Park Drive W.  
Suites 9, 10  
Jacksonville, FL 32258  
904.982.0063

Boxing, Kickboxing,  
Mixed Martial Arts, Self-Defense

#### **FLAGLER CENTER FAMILY YMCA**

12735 Gran Bay Parkway W.  
Jacksonville, FL 32258  
904.370.9622

#### **FLORIDA'S FIRST COAST YMCA – METROPOLITAN**

12735 Gran Bay Parkway W.  
Jacksonville, FL 32258  
904.296.3220

#### **JACKSONVILLE ACADEMY OF GYMNASTICS**

11339 Distribution Avenue E.  
Jacksonville, FL 32256  
904.683.1767  
jaxacademygym.com

#### **KOREAN TAEKWONDO INSTRUCTION**

13529 Beach Boulevard  
Jacksonville, FL 32256  
904.821.1144  
ktaflorida.com

#### **MANDARIN ATHLETIC ASSOCIATION**

11808 Fayal Drive  
Jacksonville, FL 32258  
904.268.8303  
letsgomaa.org

Football, Cheerleading, Baseball, Softball

#### **MANDARIN SPORTS ASSOCIATION**

12073 Brady Road  
Jacksonville, FL 32217  
904.737.1177

Baseball



#### **PABLO CREEK**

2515 Dean Road  
Jacksonville, FL 32217  
904.316.8956

Football, Cheerleading, Dance

#### **SAN JOSE ATHLETIC ASSOCIATION**

7641 Powers Avenue  
Jacksonville, FL 32217  
904.727.1177

Baseball

#### **SUN BELT MARTIAL ARTS – MANDARIN**

10501-1 San Jose Boulevard  
Jacksonville, FL 32257  
904.260.0678  
sunbeltmartialarts.com

#### **STARLIGHT GYMNASTICS**

3000 Plummer Cove Road  
Jacksonville, FL 32223  
904.260.4866  
starlightjax.com

#### **WILLIAMS FAMILY YMCA**

10415 San Jose Boulevard  
Jacksonville, FL 32257  
904.292.1660



## WORLD CLASS GYMNASTICS AND CHEERLEADING

9545-1 San Jose Boulevard  
Jacksonville, FL 32257  
904.262.2002  
wcgymnastics.com

Cheerleading, Gymnastics, Tumbling

## WORLD RHYTHMICS

6005 Powers Avenue  
Jacksonville, FL 32217  
904.537.1888

Gymnastics

## SOUTHSIDE / MANDARIN POOLS

### MANDARIN HIGH SCHOOL POOL

4831 Greenland Road  
Jacksonville, FL 32258  
904.292.1541

### WOLFSON HIGH SCHOOL POOL

7000 Powers Avenue  
Jacksonville, FL 32217

## SOUTHSIDE / MANDARIN PARKS & PLAYGROUNDS

### 9A/BAYMEADOWS REGIONAL PARK

8000 Baymeadows Road E.  
Jacksonville, FL 32256

Walking, Playground, Soccer

## JACKSONVILLE BEACHES RECREATION

### ACROJAX GYM

1250 Shetter Avenue, Unit 4  
Jacksonville Beach, FL 32250  
904.273.8876  
acrojaxgym.com

### ASIAN DRAGON MARTIAL ARTS

725 Atlantic Boulevard  
Neptune Beach, FL 32233  
904.891.6891  
admakarate.com

### BAILEY'S POWERHOUSE GYM

753 Atlantic Boulevard  
Atlantic Beach, FL  
904.242.4967  
baileysgym.com

### BAILEY'S POWERHOUSE GYM

1352 Beach Boulevard  
Jacksonville Beach, FL 32250  
904.241.5227  
baileysgym.com

### BEACHES BASKETBALL

428 2nd Avenue N.  
Jacksonville Beach, FL 32250  
904.349.2611  
beachesbasketball.com

### COASTAL KICKS

501 15th Avenue S.  
Jacksonville Beach, FL 32250  
904.372.9960  
coastalkicks.com

Soccer

### DOWN SYNDROME ASSOCIATION OF JACKSONVILLE

1050 N. Davis Street  
Jacksonville, FL 32209  
904.353.6300  
dsaj.org

Special Needs Soccer, Basketball

#### **FIVE STAR MARTIAL ARTS ACADEMY**

1433 S. Third Street  
Jacksonville Beach, FL 32250  
5starmixedmartialarts.com

#### **HUGUENOT TENNIS FACILITY**

218 16th Avenue S.  
Jacksonville Beach, FL 32250  
904.247.6221

#### **INFINITY ALL STARS**

510-A Mayport Road  
Atlantic Beach, FL 32233  
904.247.1031  
infinityallstars.com

Cheerleading, Dance, Gymnastics

#### **JACKSONVILLE BRAZILIAN JIU-JITSU**

1745 Atlantic Boulevard  
Neptune Beach, FL 32266  
904.242.9343  
jaxbjj.com

#### **JAX BEACH ATHLETIC ASSOCIATION**

300 S. Penman Road  
Jacksonville Beach, FL 32250  
904.247.3468  
jaxbeachjaguars.com

Football, Cheerleading

#### **JAX BEACH BASEBALL ASSOCIATION**

1400 Seabreeze Avenue  
Jacksonville Beach, FL 32250  
904.955.5433  
jaxbeachbaseball.com

Baseball, T-Ball

### **JACKSONVILLE BEACHES**

#### **POOLS**

#### **BEACHES AQUATIC CENTER**

297 Aquatic Drive  
Jacksonville Beach, FL 32250  
904.246.3822  
bacpool.com

#### **FLETCHER HIGH SCHOOL POOL**

700 Seagate Avenue  
Neptune Beach, FL 32266  
904.247.6327

### **JACKSONVILLE BEACHES PARKS & PLAYGROUNDS**

#### **SOUTHGATE BEACH AND SUNSHINE PLAYGROUND**

2508 South Beach Parkway  
Jacksonville Beach, FL 32250

Walking, Running, Basketball,  
Sand Volleyball, Tennis, Playground

#### **WINGATE PARK**

501 Penman Road S.  
Jacksonville Beach, FL 32250

Baseball, Football, Batting cages,  
Driving range

### **VARIOUS LOCATIONS SPORTS**

#### **BEACHES SOCCER LEAGUE**

820 N. 20th Avenue  
904.635.8969

#### **GODSPEED SPORTS PERFORMANCE**

13245 Atlantic Boulevard  
Suite 4311  
Jacksonville, FL 32225  
904.803.9991

#### **MAYPORT SPORTS**

Mayport Naval Air Station  
904.270.5018

Soccer

#### **SOCCER SHOTS**

904.707.2121  
soccershots.org

#### SWIMMING SAFARI

11702 Beach Boulevard  
Suite 101  
Jacksonville, FL 32246  
904.260.1836  
swimmingsafari.com

#### UPWARD BASKETBALL

904.356.3362

### VARIOUS LOCATIONS

#### COMMUNITY RECREATION CENTERS

##### BALIS COMMUNITY CENTER

1513 LaSalle Street  
Jacksonville, FL 32207  
904.306.2149

##### BETHESDA CENTER AND PARK

10790 Key Haven Boulevard  
Jacksonville, FL 32218  
904.764.5531

##### BLUE CYPRESS COMMUNITY CENTER

4012 University Boulevard N.  
Jacksonville, FL 32277  
904.745.5466

##### CECIL FIELD

13531 Lake Newman Drive  
Jacksonville, FL 32211  
904.778.5498  
jaxevents.com/equestriancenter\_crc.php

##### CUBA HUNTER GYMNASIUM AND COMMUNITY CENTER

3620 Bedford Road  
Jacksonville, FL 32207  
904.858.1366

##### EDITH BROWN FORD CENTER

2839 W. Beaver Street  
Jacksonville, FL 32254  
904.388.2640

##### EMMETT REED GYMNASIUM AND RECREATION COMPLEX

1093 W. 6th Street  
Jacksonville, FL 32209  
904.630.0958

##### JACKSONVILLE ICE AND SPORTS COMPLEX

3605 Philips Highway  
Jacksonville, FL 32207  
904.399.3223  
jaxiceandsportscomplex.com

##### JULIAN W. BARRS COMMUNITY CENTER

10151 Crystal Springs Road  
Jacksonville, FL 32221  
904.693.4909

##### KENNEDY COMMUNITY CENTER

1133 Ionia Street  
Jacksonville, FL 32206  
904.630.0933

##### LEGENDS CENTER

5130 Soutel Drive  
Jacksonville, FL 32208  
904.255.4050

##### MARY LENA GIBBS GYMNASIUM AND CENTER

6974 Wilson Boulevard  
Jacksonville, FL 32210  
904.573.3153

##### OCEANWAY CENTER AND PLAYGROUND

12215 Sago Avenue  
Jacksonville, FL 32218  
904.751.3386

##### WINDY HILL COMMUNITY BUILDING

10540 Anders Boulevard  
Jacksonville, FL 32246  
904.565.2669

**Healthy Jacksonville  
Office of Public Health  
Communications and Planning  
Duval County Health Department**

900 University Boulevard North  
Suite 205  
Jacksonville, Florida 32211

Phone: 904.253.2520  
Fax: 904.745.3015  
Website: [dchd.net](http://dchd.net)



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